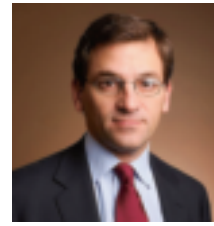




Friendship Heights

VILLAGE NEWS



NY Times Baker, page 5

OCTOBER 2017 VOLUME 33, NO. 10 www.friendshipheightsmd.gov 301-656-2797



Fall Festival takes a nostalgic turn

Join your neighbors and friends at the Village Center **Wednesday, October 18**, as we look to the past for inspiration for our annual Fall Festival.

This year, we'll get a little nostalgic with a menu inspired by Marriott's Hot Shoppes restaurants and music

from Motown's greatest performers.

Sink your teeth into a diner classic and tap your feet to "Dancing in the Streets."

It will be a night of fun and great food for the entire family.

The program begins at 6:30 and will conclude at 8 p.m.

Classic and oh so cool

Artisan Fair offers unique shopping opportunity

Our annual Artisan Fair returns to the Village Center with unique items from some of the area's most talented artists and artisans.

The free event kicks off with a reception on **Friday, Nov. 3, from 5:30 to 8 p.m.** In addition to shopping opportunities, we'll have light refreshments and a selection of craft beers and wine for a nominal fee, for those over 21.

The artisan fair continues **Saturday, Nov. 4 from 10 a.m to 4 p.m.**

On Saturday, James Taylor, an

artist, musician and our children's art camp instructor will conduct an arts workshop from 11 a.m. to noon. Please let us know if your child would like to attend this free workshop by calling 301-656-2797.

In addition, a children's craft room will be set up throughout the day on Saturday.

If you are an artist with unique items and interested in participating in this juried event, please contact Anne O'Neil at 301-656-2797 before Oct. 14 for application and fee information.



Bring your little goblins for spooky Halloween fun

Dress up in your spookiest for an eerie evening on **Friday, Oct. 27, from 6:30 to 8:30 p.m.**, at the Friendship Heights Village Center.

Children can enjoy pizza, Halloween games and fright-filled arts and crafts. There will be a variety of activities for children of all ages.

Admission is free, but pre-registration is required. The party is for children, 10 years and younger. Children must be accompanied by an adult.

Sign up at the Village Center. The deadline is Wednesday, Oct. 25. Parent and student volunteers are needed. Middle school and high school students can earn service hours for helping out with this event.

For details or to volunteer, please call Anne O'Neil at 301-656-2797 before Oct. 24.

Please note: Pizza and treats are for children and volunteers only, please.

Fred Hiatt on the state of the presidency, see page 4

De Jonge discusses expanding home-based primary care

Dr. K. Eric De Jonge, president-elect of the American Academy of Home Care Medicine, will discuss the Independence at Home Project in Washington at the Village Center on **Thursday, Oct. 26, at 7 p.m.**

In 1999, Dr. De Jonge co-founded the award-winning MedStar Washington Hospital Center Medical House Call Program, a hospital-based program that delivers skilled in-home primary care to frail, ill, elderly persons in Washington, D.C. The program promotes the health and dignity of the elderly so that they can continue to live in their own homes. Dr. De Jonge will speak about the need, benefits and effects of the program as well as efforts to incorporate such a program as a Medicare benefit.

Dr. De Jonge serves as Director of Geriatrics at MedStar Washington Hospital Center and Executive Director of MedStar Total Elder Care. Please let us know if you plan to come by calling 301-656-2797. This program is co-sponsored by the Village of Friendship Heights and the Friendship Heights Neighbors Network.



AARP safe driving class back at the Center

The AARP Driver Safety Program, taught by Jerry Hulman, will be offered **Friday, Nov. 17, from 10 a.m.** (please arrive by 9:45) to 2 p.m., at the Village Center. The cost is \$15 for AARP members (please bring your membership card when you register at the Village Center and also to the class) and \$20 for nonmembers. Payment is by cash or checks (made out to AARP) only. Bring your driver's license and a ballpoint pen to class. Your insurance company may offer you a discount!

**Bridge players needed:
Mondays, 12:30 p.m., at the Village Center**



Friendship Heights VILLAGE NEWS

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the November issue is Oct. 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

FOUNDER

Martin Kuhn

EDITORIAL STAFF

Melanie Rose White
Volunteer Editor

Anne Hughes O'Neil
Staff Writer, Layout, Advertising

Jennie Fogarty
Staff Writer

FRIENDSHIP HEIGHTS VILLAGE COUNCIL

Melanie Rose White
Mayor

Kathleen G. Cooper
Treasurer

Michael J. Dorsey
Chairman

Carolina Zumaran-Jones
Parliamentarian

John R. Mertens
Vice Chairman

VILLAGE MANAGER

Paula J. Durbin
Secretary

Julian P. Mansfield

The Tech Mensch

Ari Fisher



HOME TECH SUPPORT

Mac • PC • iPhone • Printers • Tutoring

(202) 262-5378

ari@thetechmensch.com



Support for Mac
and PC systems



iPhone and
tablet help



Computer help
for all ages



Photo
management

Contact Ari to schedule an appointment

www.thetechmensch.com (202) 262-5378



Village Council Update

5550 Friendship Boulevard owners file application for zoning amendment

The owners of 5550 Friendship Boulevard, known as Parcel 4, have filed a local map amendment to the zoning ordinance with the Montgomery County Planning Department. The amendment seeks approval to build a 180-foot tall building on the site. The application will be reviewed first by Planning Department staff, then the Planning Board will hold a public hearing. The Planning Board's recommendation then goes to the Montgomery County Council and a hearing examiner before the County Council takes a final vote.

The owners will give a presentation at our next Village Council meeting on Tuesday, October 10, followed by Council discussion on the application.

State removes pedestrian obstacle at Wisconsin/Willard intersection

The State Highway Administration has removed the pedestrian "dome" structure at the northwest corner of Willard and Wisconsin Avenues (by Chico's). As reported previously, the structure caused some people to trip and generated numerous complaints. The state will redo the ramps at the other three corners of the intersection. It will then replace all the pedestrian and traffic signals. The state estimates that the remaining work will be completed this fall.



The new ramp at Wisconsin and Willard by Chico's. The gravel section in the middle will be filled in with brick pavers.

New County mobile commuter store coming to the Village

The Montgomery County Department of Transportation has begun operating its new TRiPS Mobile Commuter Store. This "MCS" replaces the Friendship Heights TRiPS Commuter Store at 17 Wisconsin Circle, which



closed September 22. The Mobile Commuter Store will have stops at several locations around Friendship Heights, including Friendship Boulevard by the Village Center (the same location as the MVA bus stop). All the same services that were available at the former TRiPS store location will be available from the MCS, but because it is mobile it can provide those services in more convenient locations—and also will be providing additional services.

The MCS sells transit passes for Metrorail, Metrobus and Ride On (including Regular and Senior SmarTrip cards and Ride On Youth Cruisers), plus MARC Rail passes, and is a good place to get information on transit, biking, bikeshare and other options for getting around without driving. As this goes to press, the County has not announced the specific schedule. Go to www.montgomerycountymd.gov/commute for more information on MCS locations and hours of operation.

Shredding truck returns Oct. 11

A truck from Shred-it will return to the Village on **Wednesday, October 11, from 5 to 7 p.m.** The truck will park in its usual spot on Friendship Boulevard adjacent to the Village Center. Residents only are invited to use this free service.



Council action at the September 11 meeting:

- Introduced Village-wide survey proposed by Community Advisory Committee; more discussion scheduled for October 10 Council meeting.

The next Council meeting will be Tuesday, October 10, at 7:30 p.m. in the Village Center (due to the Columbus Day holiday on October 9). The meeting is open to the public.

Tea and Talk: The Artificial Intelligence Revolution

Artificial intelligence (AI) is intelligence exhibited by machines—the ability of computers to “think.” In 2017, we are at the brink of the most important breakthroughs ever achieved in this area. With the availability of powerful computers, massive amounts of data available in digital form, and the development of more sophisticated computer programs, computers are beginning to “learn” through their own experiences without human intervention. Attorney Sheldon Hochberg will discuss this fascinating issue in a lecture at the Village Center on **Monday, Oct. 23, at 2 p.m.**

These developments will affect virtually every industry and profession as well as many aspects of our daily lives. Driverless cars and trucks, Siri and Alexa, and automated investing and warfare are just the tip of the iceberg.

How society will adjust to having computers and robots do much of the work currently done by humans raises profound economic, social, and ethical issues. Indeed, Stephen Hawking has said that the “development of full artificial intelligence could spell the end of the human race.”

After almost 50 years practicing administrative law, Mr.



Hochberg retired in 2015 from the Washington law firm of Steptoe & Johnson. He spoke at the Village Center last February on Bernie Madoff.

After the program please stay for tea; call 301-656-2797 to reserve a seat.

Washington Post editor to speak on presidency

Fred Hiatt will speak at the Village Center on **Thursday, Oct. 5, at 7:30 p.m.** The title of his lecture is “The State of the Presidency and the Role of Opinion Journalism in the Age of Trump.” Mr. Hiatt has been the editorial page editor of The Washington Post since 2000. Please let us know if you plan to come by calling 301-656-2797.

Nancy Mellon *Realty*

WEBSITE: www.nancymellonrealty.com

WHERE? EVERYWHERE.

Sales & Purchases & Rental Management
Condominium, Home and Townhouse

BETHESDA CHEVY CHASE ROCKVILLE POTOMAC KENSINGTON
SILVER SPRING GAITHERSBURG MARYLAND WASHINGTON, DC

301-951-0668

4500 N Park Ave., Suite 804N



BUY / SELL / RENT

Your Neighborhood Real Estate Specialists



NYT's Peter Baker to speak at the Center

Peter Baker, the chief White House correspondent for The New York Times, will discuss his book, "Obama: The Call of

History," at the Village Center on **Thursday, Nov. 9, at 7:30 p.m.**

Mr. Baker joined The Times in 2008 after 20 years at The Washington Post and has covered every president since Bill Clinton. He had a front row seat for the Obama presidency and writes in his book about some of its pivotal moments, including the economic recovery, wars in Iraq and Afghanistan, terrorism, the killing of Osama bin Laden, and the rise of Donald Trump.

Mr. Baker is also a political analyst for MSNBC and a regular panelist on PBS's Washington Week. He has won the Gerald R. Ford Prize for Distinguished Coverage of the Presidency twice, the Aldo Beckman Memorial Award for White House reporting twice and the Merriman Smith Memorial Award.

Please let us know if you plan to come by calling 301-656-2797. Copies of "Obama" will be available for purchase.

Former Planning Board chair to speak at the Center

Royce Hanson, research professor at GWU's Institute of Public Policy and former chairman of the Montgomery County Planning Board and former chairman of the Maryland-National Capital Park and Planning Commission, will discuss his book, "Suburb: Planning Politics and the Public Interest," at the Village Center on **Monday, Oct. 30, at 7:30 p.m.**

Dr. Hanson's book explores how well a century of strategic land-use decisions served the public interest in our county and transformed it from a rural region into the home of a million people. Montgomery County built a national reputation for innovation in land use planning and development.

Please let us know if you plan to come by calling 301-656-2797. Copies of "Suburb" will be available for purchase.



MORRISON
COSMETIC DENTISTRY



"Dr. Morrison won us over with compassion, communication, patience, and the highest quality dental care."

A Smile Above the Rest!

For over twenty years, Dr. Eric Morrison has provided a full spectrum of family, general, and cosmetic dental services.

Lifetime Whitening
only \$99

with commitment to regular visits!

5454 WISCONSIN AVE., NW | SUITE 1505 | CHEVY CHASE, MD 20815

301-637-0719

DrEricMorrison.com

GetWell Rehabilitation, LLC

orthopedic | neurological | aquatic

**Physical Therapy Office &
Ideal Protein Weight Loss Clinic**

Friendship Heights Village at the Elizabeth Arcade

- **ONLY PRIVATE 1:1 SESSIONS** with licensed PT
- **Ideal Protein Certified Weight Loss Clinic** with 1:1 coaching
- Expert manual therapy: myofascial release, cranial sacral therapy, dry needling, PT massage
- Orthopedic injuries, neurological disorders, chronic disease
- Focus on hands-on care

Friendship Heights

4601 N Park Ave., #10C
Chevy Chase, MD 20815

Free Garage Parking Elizabeth Arcade



phone **301-654-9355** | info@getwell-rehab.com
www.getwell-rehab.com find us on facebook

PLAYING on the BIG SCREEN

All movies begin at 7 p.m.

Thursday, Oct. 5, 7:30 p.m. — Fred Hiatt discusses the presidency, see page 4.

Thursday, Oct. 12, 7 p.m. — Movie — “The Hero” — Lee Hayden is a Western icon with a golden voice, but his best performances are decades behind him. He spends his days reliving old glories and smoking too much weed with his former co-star-turned-dealer, Jeremy, until a surprise cancer diagnosis brings his priorities into sharp focus. He soon strikes up an exciting, contentious relationship with stand-up comic Charlotte, and he attempts to reconnect with his estranged daughter, Lucy, all while searching for one final role to cement his legacy. Stars Sam Elliott. Rated R for drug use and language. Running time: 93 minutes.

Thursday, Oct. 19, 7 p.m. — Movie—“The Mummy” — Nick Morton is a soldier of fortune who plunders ancient sites for timeless artifacts and sells them to the highest bidder. When Nick and his partner come under attack in the Middle East, the ensuing battle accidentally unearths

Ahmanet, a betrayed Egyptian princess who was entombed under the desert for thousands of years. Stars Tom Cruise and Russell Crowe. Rated PG-13. Running Time: 111 minutes.

Thursday, Oct. 26, 7 p.m. — Dr. K. Eric De Jonge discusses at-home medical care, see page 2.

Personal Computer Coach

In-home computer training for women

Cheryl Morris

Phone: (240) 994-2921

E-mail: personalcomputercoach@att.net

www.personalcomputercoach.com

Convenient*Flexible*Personalized
Gift Certificates Available



SENIORS ARE PROUD TO

Call Us Home

At Brighton Gardens of Friendship Heights, you can always expect:

- Exceptional, relationship-based care
- Dedicated Designated Care Managers for each resident
- Beautifully appointed living spaces and delicious home-cooked meals
- Vibrant social activities designed to engage mind, body and spirit
- Safe, secure and comfortable neighborhoods for seniors experiencing memory loss
- Peace of mind in knowing that we can meet your changing needs

Brighton Gardens of Friendship Heights

5555 Friendship Boulevard

Chevy Chase, MD 20815

301-656-1900

BGFriendshipHeights.com

Call today to
schedule a
complimentary
lunch and tour:
301-656-1900


**BRIGHTON
GARDENS**
SUNRISE SENIOR LIVING

ART and CULTURE

California artist brings iconic pop artists to the canvas



Hanna Sobonya is a self-taught artist from the Central Valley of California. Greatly influenced by pop culture, Hanna creates and paints large-scale impressions of musicians, actors and inspirational figures from the 20th and 21st centuries. This past summer she taught mosaic and marble printing at the Children's Art Camp in the Village.

The show runs from Oct. 2 to Dec. 2. The public is invited to meet the artist at a reception on **Sunday, Oct. 15, from 11:30 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m.; Friday, 9 a.m. to 5 p.m.; and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive. Please note that all sales of art are final.

"James" — acrylic by Hanna Sobonya

To learn more about the proposed redevelopment, get answers, and receive updates, visit the developer's all-new website:

www.5550FriendshipBlvd.com



Paid for by RSH Development, developer of 5550 Friendship Blvd.

Dr. Michael Gittleson
Podatrist
The Barlow Building

5454 Wisconsin Ave. Suite 1250
Chevy Chase, MD 20815
301-986-4900

Medicine/Foot Surgery Early Morning Hours

Beautiful Smiles for a Lifetime...



Restorative and Cosmetic Dentistry

Crowns | Bridges | Dentures | Partial Dentures |
Implant Restoration | Fillings | Sleep Apnea |
Bruxism | Nightguards | Preventive Care

Bethesda Chevy Chase Advanced Dentistry

George Gotsiridze DMD
5454 Wisconsin Avenue, Suite 1350
Chevy Chase, MD 20815
(301)652-1545

www.bethesdachevychasedentistry.com

Friendship Heights
Village Center




Calendar
of Events

2017

OCTOBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	2 9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training 1 p.m.: Tea and Talk with Cathy Sikorski: Elder Law	3 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure 1 p.m.: Balance and Fall Prevention 2 – 4 p.m.: Nurse 3 – 4 p.m.: Tea 6:30 p.m.: Pilates	4 9:30 a.m.: Tai Chi 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess Group 1 p.m.: All in the Eyes 1 p.m.: Seniors on Stage 5:30 p.m.: Community Advisory Committee Mtg. 7:30 p.m.: Concert:Dixie Power Trio	5 8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime 11 a.m.: Still Life and Beyond 6:45 p.m.: Acrylic or Oil 7:30 p.m.: Fred Hiatt: The State of the Presidency	6 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting 1 p.m.: Mah Jongg	7 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography
8 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9 Columbus Day Center Open 9 a.m. to 2 p.m. 9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 1 p.m.: Strength Training Shuttle bus runs on weekend schedule	10 7:30 a.m.: Depart for Wilmington 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure 1 p.m.: Balance and Fall Prevention 2 p.m.: Speech Support 2 – 4 p.m.: Nurse 3 – 4 p.m.: Tea 6:30 p.m.: Pilates 7:30 p.m.: FRIENDSHIP HEIGHTS VILLAGE COUNCIL MEETING	11 9:30 a.m.: Tai Chi Ongoing 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess Group 1 p.m.: All in the Eyes 1 p.m.: Suburban Lecture on Hearing Loss 5 – 7 p.m.: Shred-it Truck 7:30 p.m.: Concert: String of Pearls	12 8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime 11 a.m.: Still Life and Beyond 6:45 p.m.: Acrylic or Oil 7 p.m.: Movie: The Hero	13 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting 1 p.m.: Mah Jongg	14 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography
15 9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	16 9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training 3 p.m.: Coffee and Concert with Eric Abrahamson	17 8:15 a.m.: Walking Club 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Nurse 3 – 4 p.m.: Tea 6:30 p.m.: Pilates	18 9:30 a.m.: Tai Chi Ongoing 10:15 a.m.: Yiddish 12 p.m.: Chess Group 1 p.m.: All in the Eyes 2 p.m.: American Songwriters 6:30 to 8 p.m.: Fall Festival	19 8:15 a.m.: Walking Club 10:30 a.m.: Vision Support 11 a.m. – 4 p.m.: Village Playtime 11 a.m.: Still Life and Beyond 6:45 p.m.: Acrylic or Oil 7 p.m.: Movie: The Mummy	20 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting 1 p.m.: Mah Jongg	21 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography
22 9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	23 9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training 2 p.m.: Tea and Talk with Sheldon Hochberg: Artificial Intelligence 7 p.m.: Café Muse	24 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea	25 9:30 a.m.: Tai Chi Ongoing 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess Group 1 p.m.: All in the Eyes 2 p.m.: American Songwriters 7:30 p.m.: Concert: The Audinos	26 8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime 11 a.m.: Still Life and Beyond 6:45 p.m.: Acrylic or Oil 7 p.m.: Dr. K. Eric De Jonge on Home-Based Primary Care	27 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Balance, Movement and Memory 1 p.m.: Abstract Painting 1 p.m.: Mah Jongg 6:30 to 8:30p.m.: Child- ren’s Halloween Party	28 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography for Children 10:30 a.m.: Basic Photography
29 9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	30 9:30 a.m.: Tai Chi Intro. 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training 7:30 p.m.: Book Signing with Royce Hanson	31 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 6:30 p.m.: Pilates	Visionary head of Children’s to speak at Center Dr. Kurt Newman, president and CEO of Children’s National Health System and one of the nation’s leading pediatric surgeons, will discuss his book, “Healing Children: A Surgeon’s Stories from the Frontiers of Pediatric Medicine,” at the Village Center on Thursday, Nov. 16, at 7:30 p.m. Dr. Newman’s book is part memoir, part guide for parents—of healthy as well as sick children—and partly a discussion of the importance of child-centered health care and stand-alone pediatric hospitals. Dr. Newman is both a surgeon and nationally recognized leader on pediatric health issues. He is also an advocate for expanding mental health access for kids and has led two national forums on this issue. He helped develop the vision for the Sheikh Zayed Institute for Pediatric Surgical Innovation at Children’s National, inspired by the goal of making surgery for children minimally invasive and pain free. Please let us know if you plan to come by calling 301-656-2797. Copies of “Healing Children,” provided by Politics and Prose, will be available for purchase. All proceeds from the book will go to the Pediatric Health Opportunity Fund, a charity supporting pediatric research and innovation at Children’s National and other research centers.			

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

Seniors on Stage at the Center

Enjoy live theater at the Village Center when Seniors on Stage, a group of amateur senior actors in Montgomery County, present a delightful hour of play reading performances on Wednesday, Oct. 4, at 1 p.m. Please let us know you are coming by calling 301-656-2797.



CLASSES AND CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION. A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES — NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes, as well as Drop-in Tai Chi and sample classes, are required to sign a liability waiver when they register.

ART, MUSIC AND GAMES

ALL IN THE EYES

A 6-week class, taught by Marianne Winter. Wednesdays, 1 to 3 p.m., Oct. 25 – Dec. 6. Ms. Winter, an award-winning artist, photographer and book illustrator, brings a unique and dynamic method of teaching portraiture to her students at the Center. Using photographs and beginning with the eyes, the class will hone the skills of those who want to draw faces. Please bring a pad and pencil or pastel to the first class; some previous experience in drawing is necessary. \$75 for residents; \$80 for nonresidents. Class will not meet Nov. 22.

AMERICAN SONGWRITERS

Washington legend John Eaton teaches this series on four of the most influential and fascinating American composers: "Jerome Kern, The Master"; "The Wit and Wisdom of Cole Porter"; "Harold Arlen, The Wonderful Wizard of Song"; and, "George Gershwin, American Hero." The 4-week course begins Oct. 18. Meets Wednesdays from 2 to 3:30 p.m. Cost is \$80 for residents; \$85 for nonresidents. Fewer than four weeks, \$30 per class. Class ends Nov. 8. A musical performance by Mr. Eaton highlights each session. Light refreshments will be served.

BASIC PHOTOGRAPHY

An 8-week course in black and white and color photography for adults, taught by Llewellyn Berry, Saturdays from 10:30 a.m. to 1:30 p.m., Nov. 4 – Jan. 13, \$120. Students will become skilled at using their

cameras, understand how to see and use available light and learn about composition and subject selection. Instruction takes place in the classroom as well as out in the field. Students must bring a camera to class; digital cameras are preferred. See examples of Lew's students' works at <http://www.artmajeur.com/kindalewcollective>. Class will not meet Nov. 25, Dec. 23 or 30.

BASIC PHOTOGRAPHY FOR CHILDREN

A 6-week course in black and white and color photography, taught by Llewellyn Berry, Saturdays from 9:30 to 10:30 a.m., Oct. 28 – Dec. 16, \$50. The class is open to youngsters 10 years old and older. Students will become skilled at using their cameras, understand how to see and use available light, and learn about composition and subject selection. Students must have a digital camera and a flash drive. Class will not meet Nov. 11 or 25.

INTRODUCTION TO AMERICAN MAH JONGG

This 6-week class will introduce players to the basics of Mah Jongg. Fridays, 1 to 3 p.m., Oct. 6 – Nov. 17. Instructor Robin Dinerman will provide games and cards. Call Robin at 301-942-0546 with questions. \$93 for residents; \$98 for nonresidents (cost includes the materials). For beginners or anyone who wants a refresher. Minimum number of students is 6; maximum is 13. Class will not meet Nov. 10.

EXERCISE

BALANCE AND FALL PREVENTION

An 8-week class, Tuesdays, 1 to 1:50 p.m., Oct. 24 – Dec. 19. The class will focus on simple exercises that improve overall balance. \$92 for residents; \$97 for nonresidents. Questions? Email instructor Tonya Walton at staraka4u@gmail.com. Class will not meet Thanksgiving week.

BALANCE, MOVEMENT AND MEMORY

A 6-week class, Fridays, 10:30 to 11:30 a.m., Oct. 20 – Dec. 8. Exercises are designed to target balance issues as well as physical strength. Instructor Cheryl Clark is a licensed Physical Therapist Assistant who has been working on the aging body and its complexities for over 15 years. \$70 for residents; \$75 for nonresidents. Class will not meet Nov. 10 or 24.

CHAIR EXERCISE

An 8-week class, Wednesdays, from 11 to 11:50 a.m., Oct. 25 – Dec. 20. The class, taught by Tonya Walton, is especially for people who want to tone upper and lower body muscles, as well as improve strength and energy, through chair exercises. \$92 for residents; \$97 for nonresidents. Class will not meet Thanksgiving week.

DC TAI CHI (Introduction)

A 6-week class, Mondays, 9:30 to 10:30 a.m., Oct. 23 – Nov. 27. Taught by internationally recognized Master Nick Gracenin. Study the essentials of traditional Tai Chi and Qigong,

and improve balance, circulation, strength and relaxation. Beginners welcome; maximum number is 20. \$70 for residents; \$75 for nonresidents. Visit www.dctaichi.com for more information.

DC TAI CHI (Ongoing)

A 6-week class, Wednesdays, 9:30 to 10:30 a.m., Oct. 25 – Dec. 6. Taught by internationally recognized Master Nick Gracenin. Study the forms and routines of traditional Tai Chi and enjoy non-competitive interactive partner work. Fundamental training is required; maximum number is 20. \$70 for residents; \$75 for nonresidents. Visit www.dctaichi.com for more information. Class will not meet on November 15.

MAT PILATES

A 6-week session, Tuesdays from 6:30 to 7:30 p.m., Oct. 31 – Dec. 5. Pilates movements tone the body from “the inside out” bringing about core-strength, muscle balance and proper spinal alignment. This class is for both beginners and intermediate students. Please check with your physician before signing up; not recommended for pregnant women. Instructor Ginger Russell is certified in Pilates by both PhysicalMind Institute and Powerhouse Pilates. \$85 for residents; \$90 for nonresidents. Please bring a Pilates/yoga mat and bath towel.

STRENGTH TRAINING

An 8-week class, Mondays, 1 to 1:50 p.m., Oct. 23 – Dec. 18. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. \$92 for residents; \$97 for nonresidents. Class will not meet Thanksgiving week.

ONGOING GROUPS

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings

Tuesdays from 12 to 4 p.m. The nurse is also available for consultations Tuesdays from 2 to 4 p.m.

CHESS

An informal group plays chess on Wednesdays from 12 to 2:30 p.m. at the Village Center. All levels are welcome. Call Norm Schiff at 206-713-6079 for more information.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets every Friday from 10:30 a.m. to noon. Led by group members.

CONCERTS

Free live music is presented on Wednesday evenings. Check the calendar and concert page for each week's performance information. No registration is required.

DROP-IN TAI CHI

Student-led sessions every Friday from 9:15 to 10:15 a.m. Cost is \$3 per class.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 to 11:45 a.m. Contact Jean McNelis at 301-656-6695.

SPEECH SUPPORT

An aphasia support group facilitated by Susan Wranik, MS, MA, CCC-SLP, board certified speech-language pathologist, and sponsored by the NIH Suburban Hospital Stroke Program. Open to adults with speech impairment due to stroke,

Parkinson's or dementia who need help with communication. Meets the second Tuesday of every month from 2 to 3 p.m.

TEA

Hot beverages, cookies, assorted pastries, and fruit are served every Tuesday from 3 to 4 p.m. by Village volunteers.

VILLAGE BOOK CLUB

The book club meets one Tuesday morning a month to discuss books chosen by the group. New members are welcome at any time.

VILLAGE BRIDGE CLUB

The bridge club meets every Monday from 12:30 to 3:30 p.m. All are welcome; cards will be supplied.

VILLAGE PLAY TIME

Games, toys and play equipment will be set out in the auditorium most Thursdays from 11 a.m. to 4 p.m. Children must be accompanied by a caretaker over age 13.

VISION SUPPORT GROUP

Meets one Thursday a month at 10:30 a.m. for coffee and bagels. Contact Janet Morrison, group facilitator, at 301-538-9358 for more information.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis at 301-718-6340 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for more information.

The Village Book Club will meet on **Tuesday, Oct. 17, at 11 a.m.** The book selection is “The Marriage of Opposites” by Alice Hoffman. Look for a copy in the Center Reading Room in the “Village Book Club Selections” bookcase.

CONCERTS

Concerts are held every Wednesday from 7:30 to 8:30 p.m. in Huntley Hall in the Village Center.

Wednesday, Oct. 4 — Dixie Power Trio — The Dixie Power Trio is a four-piece group dedicated to the music and sounds of Louisiana. Formed in 1992, the band has spent the last decade performing for audiences in clubs, concerts, and schools. The group is based in Fredericksburg, Va., and has toured extensively throughout the United States in support of their eight independently produced recordings. "Big Parade" is the band's most recent release and was recorded in 2013.

Wednesday, Oct. 11 — String of Pearls Tribute to Hilda Siebel — Susan Jones and String of Pearls host a special classical music performance dedicated to the local musician in a program made possible by Mrs. Siebel's family and friends.

Wednesday, Oct. 18 — Fall Festival, see page 1 for details.

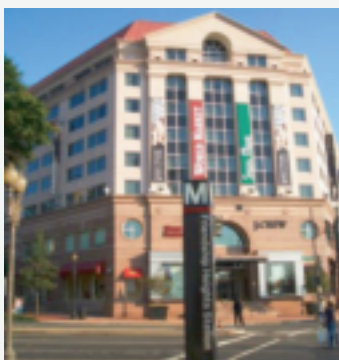
Wednesday, Oct. 25— The Audinos — This classical quartet features violin, piano, cello and clarinet.

John Eaton returns with series on American composers

Pianist, musicologist and humorist John Eaton will teach his very popular series on American composers at the Village Center on Wednesday afternoons, beginning Oct. 18 (see page 10 for details). Take one or all four of the classes: Oct. 18: "Jerome Kern, The Master;" Oct. 25: "The Wit and Wisdom of Cole Porter;" Nov. 1 "Harold Arlen, The Wonderful Wizard of Song;" and, Nov. 8: "George Gershwin, American Hero."

Friendship Heights . . .

Selling a Lifestyle You Can Invest In

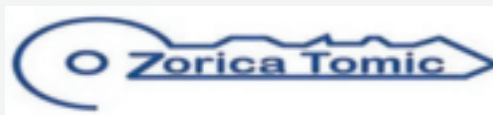


FOR SALE

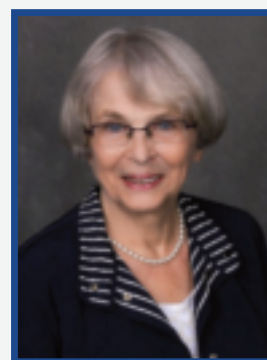
4620 North Park Ave ~ 307W
2BR + Den/BR., 2.5 BA 1,610 Sq. Ft

4620 North Park Ave ~ 207E
1BR + Den / BR, 1.5BA, 1099 Sq. Ft

4620 North Park Ave -902E



Your Local Expert For Friendship Heights



DIRECT: 301-455-9608
ZORICA@ZTOMIC.COM





TO YOUR HEALTH

Vision Support Group: Better light for better sight

Did you know that by the time we are 50 years old, we need twice as much light as we did at 25 for the same visual tasks? This becomes more complex as we leave Daylight Savings and approach Eastern Standard Time next month. Terry Eason, Executive Director of the Low Vision Center, will explore the basic types of lighting, glare control, and tips to improve your effective use of lighting at the Vision Support Group's meeting at the Center on **Thursday, Oct. 19, from 10:30 to 11:30 a.m.**

Come and enjoy bagels and coffee and conversation.

The Vision Support Group is



facilitated by low vision advocate Janet Morrison, a Village resident who has influenced the growth of vision rehabilitation information and services throughout the metropolitan area. You don't have to have poor sight to participate, but you do need to register by calling 301-656-2797.

Listen up!

Hearing loss affects millions of people in the U.S. and can have debilitating effects on the quality of life. Learn how hearing loss is identified, the challenges that result from hearing impairment, and the many treatment options available from otolaryngologist Dr. David Bianchi at this month's Suburban health lecture at the Village Center on **Wednesday, Oct. 11, at 1 p.m.**

Please call 301-656-2797 to let us know if you plan to attend.

Reminder

The magazines in the wicker basket in the Village Center lobby are free for the taking. Help yourself!

Our Listings in the Friendship Heights Community

FOR SALE

5600 Wisconsin Ave. #1603
\$2,775,000: 2 BR + Den, 2.5 BA,
Renovated, 2 Balconies; 2,899 SqFt

5600 Wisconsin Ave. #603
\$2,249,000: 2 BR + Den, 2.5 BA,
Views, 2 Balconies; 2,899 SqFt

5600 Wisconsin Ave. #906
\$1,699,000: 2 BR + Den, 2.5 BA,
Renovated, Balcony; 2,278 SqFt

5600 Wisconsin Ave. #605
\$1,025,000: 2 BR + Den, 2 BA,
Renovated, Balcony; 1,402 SqFt

5610 Wisconsin Ave. #1102
\$2,495,000: 2 BR + Den, 2.5 BA,
Renovated, Balcony; 2,503 SqFt

5610 Wisconsin Ave. #607
\$2,399,000: 2 BR + Den, 2.5 BA,
Updated, 2 Balconies; 2,856 SqFt

5610 Wisconsin Ave. #1503
\$2,195,000: 3 BR, 2.5 BA,
2 Balconies; 3,021 SqFt

5630 Wisconsin Ave. #604
\$2,625,000: 2 BR + Den, 2.5 BA,
Balcony; 1,500 SqFt

5630 Wisconsin Ave. #706
\$1,850,000: 2 BR + Den, 2 BA,
Balcony; 1,814 SqFt

FOR RENT

5630 Wisconsin Ave. #203
\$5,000/monthly: 1 BR, 2 BA,
2 Balconies; 1,657 SqFt



HELLER COLEY REED
OF LONG & FOSTER REAL ESTATE

New condo listings
coming soon.

Call today for details!

LONG & FOSTER
REAL ESTATE

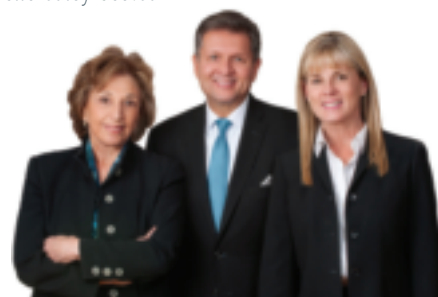


CHRISTIE'S
INTERNATIONAL REAL ESTATE



Zelda Heller, Jamie Coley & Leigh Reed
of Long & Foster Real Estate
Exclusive Affiliate of Christie's International

240.800.5155 Main Office
202.669.1331 Cell
hellercoleyreed@gmail.com
hellercoleyreed.com



Café Muse presents...

This month's Café Muse, on **Monday, Oct. 23**, will feature poets David Bergman and Henry Crawford.

David Bergman is the author or editor of more than twenty books. He is the author of the critical work, "The Poetry of Disturbance: The Discomforts of Post-War American Poetry" and the book of poems "Fortunate Light." David recently retired from Towson University where he taught for 42 years. He is working on a new prose book, "How to Find Pleasure in Poetry."

Henry Crawford is the author of "American Software," his debut collection of poetry. His work has appeared in journals and online publications, including "Boulevard," "Copper Nickel," "Folio," "Verse Daily," and "Borderline Press."

Café Muse opens at 7 p.m. in the Village Center with classical guitar by Michael Davis; readings begin at 7:30. Attending poets are invited to participate in an open reading that concludes the Café Muse program. A sign-up sheet will be available at 7 p.m. Café Muse is presented by the Village of Friendship Heights and The Word Works, a nonprofit literary organization publishing contemporary poetry in artistic editions and sponsoring programs for over 35 years.

Coffee and a concert

Enjoy an hour of Ragtime and Tin Pan Alley hits performed by Village favorite Eric Abrahamson on **Monday, Oct. 16, at 3 p.m.** Mr. Abrahamson is a veteran of the music business in California where he is the music director for Knott's Berry Farm and Cedar Fair Parks and frequent entertainer on Main Street in Disneyland.

After the concert, please stay for coffee and cookies. RSVP 301-656-2797.



PC .HLP

Pronounced PC HELP

For Home and Small Office Users

Supporting the Windows® Operating System

In business since 1990

Friendship Heights Resident

References available

Hourly Rates

HENRY S. WINOKUR

301-320-2104

pc.hlp@verizon.net

YES! We make house calls.



A *Washingtonian Magazine* Top Dentist, Dr Marko, as her patients call her is fulfilling her dream of providing her hometown with high quality comprehensive dental care. She has combined the art and science of dentistry with a caring, dedicated team that shares her vision of delivering extraordinary dentistry in a friendly, fun and professional environment.

Having the ability to perform all aspects of general dentistry and surrounding herself with a great team of specialists, assures Dr Marko's patients that their dental needs, ranging from cosmetic and therapeutic botox to routine cleanings, fillings, teeth whitening, crowns, advanced implant therapy, cosmetic make-overs, oral surgical, orthodontic and endodontic treatment, will be performed and managed at the highest levels attainable.

Dr Marko and her team look forward to welcoming you into their dental family!



Despina M. Markogiannakis, D.D.S.
Family, Cosmetic and Implant Dentistry
5454 Wisconsin Avenue, Suite 835
Chevy Chase, MD 20815
www.SmilesOfChevyChase.com
301-652-0656

COMPASS

Welcome Home



Sam Solovey
Vice President
Realtor® DC/MD/VA
301.404.3280
sams@compass.com

BEST
WASHINGTONIAN
2017

Defined by a commitment to improve his clients' lives, Sam is passionate about the vibrant communities he serves as well as harnessing the power of technology and marketing in his real estate practice. This dynamic blend is reflected in every aspect of his business as he helps his clients to seamlessly navigate the complexities of the search and sell process with ease.

Please welcome Sam Solovey to the leadership team of the DC area's first modern brokerage.

Compass is a licensed real estate brokerage that abides by Equal Housing Opportunity laws. Information is compiled from sources deemed reliable but is not guaranteed. All measurements and square footages are approximate. This is not intended to solicit property already listed. Compass is licensed as Compass Real Estate in DC and as Compass in Virginia and Maryland. 1313 14th Street NW, Washington, DC 20005 - 202.386.6330

GLOSS TIME SALON

**NAILS * WAXING * FACIALS
MASSAGE * MAKE-UP**



Gloss Time is an eco-friendly salon offering unique, and sensory services that is respectful to the well-being of the individual and of the environment. We offer healthier waterless mani/pedi, waxing, facials, massage and make-up services.

* Natural 5-free polishes

* Online booking

* All of our services are available for in home calls at an additional charge.

5423 Friendship Blvd
Chevy Chase, MD 20815

(240) 802-2755

www.glosstimesalon.com



people ♥ us on
yelp



10% OFF
FIRST VISIT

Chevy Chase Florist



We specialize in:
Ecuadorian roses,
Dutch flowers,
and locally-
grown flowers.

Chevy Chase Florist
5415 Friendship Boulevard
Chevy Chase, MD 20815

301-986-0986

www.chevychaseflorist.com



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Like us on Facebook:

www.facebook.com/VillageOfFriendshipHeights

Visit our website:

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

Phone: 301-656-2797

October 2017 events calendar